



HENDERSON COUNTY FAMILY YMCA GIRLS INSTRUCTIONAL VOLLEYBALL LEAGUE – WINTER 2022

LOCATION: Henderson County Family YMCA – Youth Gym
460 Klutey Park Plaza
827-9622 www.hcfymca.com

DATES: Sunday Nights – January 16, 2022 – February 20, 2022– 6 weeks

TIMES: 5:00pm–6:15pm – 5th Grade (Age 10) through 8th Grade (Age 14) or beginners
6:15pm–7:30pm – 9th Grade (Age 14/15) through 12th Grade (Age 17) or advanced

FIRST NIGHT EVERYBODY COMES AT 5:00!!!
(WE WILL HAVE TWO DIFFERENT TIMES THE OTHER 5 NIGHTS IF
WE HAVE ENOUGH GIRLS!)

COST: \$35.00 – Y Family Members
\$50.00 – Non-Members
(Financial assistance available for low income families, but the application for financial assistance needs to be applied for by Wednesday, January 5, 2022)
Team T-Shirt will be given to each girl.

REGISTRATION DEADLINE IS WEDNESDAY, JANUARY 12, 2022
NO EXCEPTIONS!!! NO REFUNDS AFTER JANUARY 16TH

We will have a weekly instructional volleyball league for girls ages 10 through 17. Come join the fun of learning the basic techniques and rules of indoor volleyball. Former Henderson County volleyball coaches will be conducting this instructional league. The girls will be instructed every week for approximately 30-45 minutes, and the last 30 minutes the girls will play a volleyball match against another team.

NAME _____ AGE _____ GRADE _____ DATE OF BIRTH _____
ADDRESS _____ CITY _____ STATE _____ ZIP _____
PHONE # _____ AMOUNT PAID _____
T-SHIRT SIZE 14-16 AS AM AL AXL AXXL (CIRCLE ONE)
DO YOU HAVE PREVIOUS VOLLEYBALL EXPERIENCE --MIDDLE SCHOOL, HIGH SCHOOL OR RECREATIONAL? YES OR NO (CIRCLE ONE)

WAIVER/RELEASE/PERMISSION AGREEMENT

As a parent or guardian of a child participant, I hereby release and hold harmless the YMCA, its employees, and volunteers from any and all such claims or actions as a result of any injury from my or my child's direct or indirect participation in this program.

PARENT'S PERMISSION SIGNATURE _____
PARENT'S NAME (PRINT) _____

CALL THE YMCA AT 827-9622 FOR MORE INFORMATION OR LEAVE A MESSAGE FOR CARLA BENDER, SPORTS DIRECTOR.

MISSION: To put Christian principles into practice through programs, services, and facilities that build healthy spirit, mind, and body for all.